



SURVIVAL SKILLS: WEEK 3

James 1:5 (NLT)

If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking.

Big Question: When you have questions about your faith, what do you do?

DISCUSSION QUESTIONS:

1. Who can you ask questions about your faith?
2. Have you ever felt like it wasn't okay to ask questions about God or about being a Christian? What did that feel like?
3. Read **James 1:5**. How does it make you feel to know that God won't get upset with you for asking Him questions?
4. What is one question you would like to ask God? (Remember, it's okay if you don't know or understand the answer, because we know who God is and that He is in control. He is good and He can reshape things that are meant for evil back to His good plan.)
5. What are some ways God can give you wisdom? (Ideas: He can help you figure things out. He can lead you to someone who can teach you. He can help you learn from a Bible verse.)

ACTIVITY - SURVIVOR SKILLS QUIZ:

1. Print the Survival Skills Quiz provided on the next page or write out the questions on a piece of paper.
2. Use a pen or markers to take the self-evaluation quiz.
3. When you're done, fill in your total for each section.
4. Talk with your siblings, parents, or friends about which is your strongest spiritual survival skill. Which is the one you want to strengthen the most?



SURVIVAL SKILLS QUIZ

What's your strongest spiritual survival skill? Take this quiz to find out!

Rate yourself on a scale of 1-5 for each question. **1=Never 2=Rarely 3=Sometimes 4=Often 5=Always**

When you're done, add up the total of each section and use the key to see how your spiritual survival skills are doing!

PRAYER

1. I pray to God when I have a problem. _____
2. I pray to God when things are good. _____
3. Sometimes I stop talking when I'm praying, so I can listen for what God wants to say. _____
4. I believe prayer can change things. _____

Total for this section _____

STILLNESS

1. When I'm stressed, I try to spend some time alone with just God and me. _____
2. After I've worked hard, I take a break for some quiet and rest. _____
3. When I spend time being quiet, I feel better and more focused afterward. _____
4. I enjoy spending time in silent prayer with God. _____

Total for this section _____

READING THE BIBLE

1. I read something from the Bible every day. _____
2. I have a favorite Bible verse. _____
3. When I'm stressed, I have a Bible verse I think of. _____
4. I can help others find truth from the Bible to guide them. _____

Total for this section _____

ASKING GOD QUESTIONS

1. I have asked God why He allowed something bad to happen. _____
2. I don't understand why God allows certain things to happen, but I still trust He is good. _____
3. When I have a question about my faith, I ask someone I trust about it. _____
4. When I feel angry, I tell God about it—even if I'm actually angry with Him. _____

Total for this section _____

KEY:

15-20 = Wow! You've got this survival skill for sure! How can you help others develop it, too?

9-14 = Great! You've got some room to grow, but you're on your way! Who can you look to for encouragement?

4-8 = Okay! You're ready to build this spiritual survival skill! Who will you ask to help you develop it?